

Overview

Northland DHB and NZ Police have been funded \$3m to deliver the Te Ara Oranga Methamphetamine Demand Reduction strategy pilot. The funding was made available under the Criminal Proceeds (Recovery) Act.

Te Ara Oranga is an integrated model of Police and Health activity to reduce methamphetamine demand by enhancing treatment services and increasing our responsiveness.

Te Ara Oranga aims to direct police and treatment resources more effectively to break drug supply chains and reduce harm by ensuring problematic users are given access to treatment, and prosecution and court resources are directed to drug offenders who are involved in the most significant criminal activity. The health component is a recovery-based treatment approach based mostly in the community. Te Ara Oranga plans to provide treatment from July 2017 onwards.

There are four workstreams within the health component - Screening, Brief Intervention and Referrer to Treatment, Treatment Whānau/Community Resources and Evaluation.

Governance

Te Ara Oranga is governed by Executive Sponsors Dr Nick Chamberlain and NZ Police Assistant Commissioner Richard Chambers who is represented by Superintendent Commander Russell Le Prou.

Te Ara Oranga

Te Ara Oranga means creating a pathway by working together towards individual and whānau wellbeing.

The logo concept presents the service name with a stylised Putiputi (flower) illustrating to bloom or blossom.

The logo design was reviewed by the community reference group and project governance group.



Dr Chamberlain is the Chief Executive of Northland DHB and has a long history of supporting addiction treatment in Northland. He worked in the Drug and Alcohol Addiction field for 14 years, 11 of these years as a GP. More recently the DHB launched the He Tupua Wai-Ora service, which sees multiple agencies actively engaging with individuals and their families who have alcohol and drug problems, to enable healthy, nurturing and safe environments for their children.



Dr Nick Chamberlain

Superintendent Russell Le Prou has been a Police Officer for 33 years and is the District Commander for Northland Police. Recognising the increasing social effects that methamphetamine abuse is having on our communities, Russell is keen to make a positive change by impacting supply of methamphetamine and focusing on addiction treatment.



Supt. Russell Le Prou

Dr Chamberlain and Superintendent Russell Le Prou used to co-chair the social wellbeing governance group, a government social sector collaborative group that has responded to youth suicide and family harm.

The Project Board is co-chaired by Northland DHB Mental Health & Addiction Services General Manager Ian McKenzie. Before the project began Mental Health & Addiction leaders met with the Kaunihera Kaumātua (led by Kaumātua Rob Sarich who sadly passed away recently) to explain the vision of the project.

This meeting set the platform for the project. The Kaunihera Kaumātua provided encouragement, support and the mandate for the work. They suggested Hui be held in the community as an opportunity for whānau to have a voice. These Hui facilitated by Pam Armstrong were well attended throughout the Rohe.

A community reference group was established following the Hui and are being consulted throughout the development of the whānau resources. Consumer representatives are members of the Screening, Brief Intervention and Referrer to Treatment (SBIRT) project team.

Te Ara Oranga kaupapa has strengthened relationships with whānau, communities and service providers throughout Te Tai Tokerau.

Wāhine Toa

There are key Wāhine who have helped move this kaupapa forward and make it a reality.



Jenny Freedman, as clinical champion for Te Ara Oranga and the Addictions Professional Advisor, is absolutely committed to strengthening evidence based addiction services as the next step in providing treatment for the northland populations.



Segina Te Ahuahu contributes many years' experience of delivering Kaupapa based services in Te Tai Tokerau. Segina also champions the collaborative contracting methodology that endeavours to achieve a collaborative sector approach.



Jewel Reti, Project Manager, is responsible for weaving the work strands together to create, build, strengthen and unite Te Ara Oranga.



Pam Armstrong has been an Alcohol & Addiction health practitioner for 20 years and is passionate about enabling communities to engage and work cooperatively.

These leaders represent more than seven decades of expertise and commitment in addiction treatment in Te Tai Tokerau.

NZ Police

Project Team

Inspector Dean Robinson, District Prevention Manager
Northland Police

Detective Senior Sergeant Mike Varnam
Police National Headquarters

Northland Police have been allocated \$1m to fund an additional

team of eight full time equivalent staff in Northland. The positions have been advertised nationally with a start date of mid-late July.

The Police team is part of the Northland Police District Prevention Group and comprises of Investigators and Constables who will be working to prevent and reduce the supply and harm created by drugs, specifically methamphetamine in Northland communities. They will be focused on high end suppliers and users of methamphetamine which will involve referring problematic users to the DHB to receive access to treatment.

Northland DHB

Screening, Brief Intervention and Referrer to Treatment (SBIRT)

Project Team

Mandi Cross
Maurein Betts (Manaia Health PHO)
Margaret Dreadon (ED Rep)
Murray Patton (Clinical Director)
Mare Clarke (Cultural Advisor)
Bronwen Wood (AOD Rep)
Consumer Representatives

This team is establishing pathways for screening, brief and early intervention and referral to treatment within the General Practice and Emergency Department settings.

Referral pathways include the Alcohol Drug Helpline, Meth Help team and local Alcohol and other Drug service providers.

Update

A 24/7 SBIRT trial will take place within the Whangarei Emergency Department between the 10-18 June. The trial includes medical students screening patients for alcohol and drug use and offering a referral to support or treatment options. The data will inform

the prevalence of use, test trail referral pathways and inform an intervention role within Whangarei Hospital Emergency Department.

Referral pathways and outcome measures have been developed with the Alcohol Drug Helpline and the Meth Help Team. The Meth Help Team is conducting on-going training to the Alcohol Drug Helpline to upskill staff regarding Methamphetamine.

A brief and early intervention programme known as "Choice" has been developed with consumer's feedback and outcome measures determined. Once a month, one day a week, Choice will be delivered in Whangarei, Mid North, Dargaville and Kaitiaki for those with mild to moderate methamphetamine problems.

Screening and intervention tools for use in General Practice have been identified and have been scheduled for web development. GP's will also be able to utilise Health Pathways to guide them on methamphetamine treatment options for clients and via Care Select refer people directly to addiction services.

Northland DHB is collaborating with a local sports club who have undertaken an initiative to make a stand against methamphetamine. Players will be randomly drug tested and those who test positive for methamphetamines will be referred for treatment and support.



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Treatment

Project Team

Jenny Freedman
Becki Priest
Steven Staunton
Sonya Porter-Auld
Segina Te Ahuahu
Jen Thomas
Rachel Beech

The Treatment Sub Group project aims to improve access to treatment with a focus on engagement and retention to increase positive outcomes for people who use methamphetamines and their family/whānau.

The project aims to reduce wait times and provide a comprehensive range of treatment options for people with methamphetamine use problems and disorders across the continuum of severity.

Update

In order to reduce wait times, increase engagement with a population that is usually avoidant of treatment and work closely with whānau, the role of a Pou Whānau Connector has been developed.

The Pou Whānau Connector is not a clinical role and has expertise in Tikanga and whānau engagement with strong community links. There will be a Pou Whānau Connector in Kaitaia, the Mid North, Kaipara and Whangarei. These roles will be employed by contracted NGO and Iwi Alcohol and Drug Service providers. We are looking at launching these new roles by August.

Treatment will be provided by existing Northland Alcohol and Drug services, based on the Matrix model. Individuals and their family/whānau will be offered 16 weeks of intensive community based treatment with follow up as needed. It is recommended that people undertake treatment at least three days per week.

Non-government organisations (NGO's), Iwi Alcohol and Drug Treatment Providers and Northland DHB Mental Health and Addiction Services have been collaborating on a Model of Care in partnership with peer support groups. We have been working with NZ Police, NGOs and Primary Care on Referral Pathways.

Four additional full time Alcohol and Drug Practitioners will be employed, one each in Kaitaia, the Mid North, Kaipara and Whangarei. This will mean we can increase the provision of case management, random drug testing and group and individual treatment for Methamphetamine users and their whānau. These positions are currently advertised and recruitment will commence in June. The new roles will be in place by July.

We are increasing in the number of beds in our specialist detoxification unit Timatanga Hou at Dargaville Hospital. Additional beds are planned to be available by August.

There is good evidence that engagement in employment enhances people's recovery. To this end we are trialling an employment support service attached to our Mental Health and Addiction Service Alcohol and Drug Team in Dargaville. Two new Employment Support worker positions are currently advertised with the aim of commencing the roles in July.

In order to ensure that the Model of Care is adhered to, the new services and pathways run smoothly and reporting and evaluation measures are collected, a Clinical Coordinator is being employed. The role will be filled by a current member of the Project Team with expertise in the field until November in order to ensure continuity through the implementation phase.

Professional Development and Education for health practitioners and service providers as well as for the community is important for the success of the new services. A Methamphetamine focussed Educator role is currently being advertised. In addition, we are developing an orientation manual for new staff and orientation activities with Northland DHB, NGOs, Iwi and NZ Police are being planned. We are also contracting external providers to deliver professional development at the commencement of the new services.

Information & Evaluation

Project Team

Grenville Hendricks
Mandi Cross

The aim of the Information and evaluation workstream is to develop a cross sector system that receives relevant information to inform the ongoing evidence base of Te Ara Oranga.

We are working with the whole of the sector including the community to collate appropriate outputs that ultimately aim to reduce methamphetamine demand in Northland.Ara Oranga.

Update

Baseline data and current reports indicate that methamphetamine cases account for five percent of the open Alcohol and Drug cases. We believe that usage is far higher and will be collecting data from the Project to quantify this.

Plans are underway to increase the capacity and capability of the Alcohol and other Drug workforce. Enhancing skills in in evidence based interventions like motivational interviewing will be the first area to be focused on.

All Mental Health & Addiction Service outputs will be recorded in the Jade Patient Management System and will be exported to PRIMHD. Many of the NGO outputs will also be recorded in Jade as they have access to this system, and also through quarterly Performance Monitoring Reports and six monthly Results Based Accounting reports.



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Community/Whānau Resources

Project Team

Pam Armstrong
Liz Inch
Community Reference Group

This team are developing resources for whānau and communities affected by methamphetamine. In February 2017 Te Ara Oranga's Community and Whānau project manager Pam Armstrong facilitated a series of Hui at marae and community halls in Whangarei, Dargaville, Rawene, Kaikohe and Kaitiāia. Feedback from the Hui was collated into the themes of Education, Advertising, Family, Govt Funding, Ideologies, Services, Tikanga.

Update

In May we worked with more than 40 community champions to film a range of 1 min video clips for social media distribution.

- 25 x 1 min video tips for making change if you are using meth or other drugs
- 25 x 1 min video helpful hints if someone in your whānau is using meth

We have also produced educational videos;

- 'Meth cycle of abuse' video with advice for families about which time during the cycle of abuse is the best time to connect with that person
- Methamphetamine - Patu hoariri

All of these resources will be provided to each community on a memory stick (20 memory sticks per community) and will be available on our website for download. The series of video clips will be released over a 12-month period via social media with supporting information.

Our Whānau Matters. Keep our community FREE OF METH
Ask For Help
0800 787 797

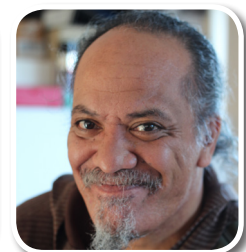


Each community has been offered a billboard that features local people. Community members have also suggested a 'Pledge' initiative which would see households and businesses making a pledge – No More Meth – and they are then given a sticker for their mailbox or shop window.

We are also working with Daniel (Taniora) Tauriki to licence a waiata he has composed entitled Make a Change. In the coming months we will be focusing on producing a music video with Daniel and our communities.

Community Champions

We would like to acknowledge the community champions across the Rohe who have participated in the production of the Make A Change video clips. Thank you for your participation and willingness to front a campaign that provides practical things whānau can do to reduce the harm of methamphetamine.

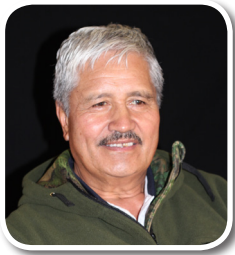
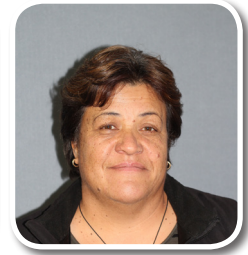
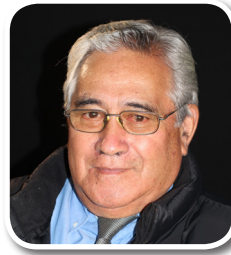


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