

## The S-BAR Approach

The S-BAR approach can be used for each patient presented in the MDT. The process is as follows:

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| <b>Welcome and Introductions</b>  |
| <b>For each patient, present the following:</b>   |
| <b>S – Situation</b><br>What is going on with the patient?  |
| <b>B – Background</b><br>What is the clinical background or the context?  |
| <b>A – Assessment</b><br>What do I think the problem is?  |
| <b>R - Response / Recommendation</b><br>What response would I like from the team - what would the team recommend? |

### Get Help

Receive training and support to undertake your MDT Meeting

- Anthony Poutu at [Anthony.Poutu@northlanddhb.org.nz](mailto:Anthony.Poutu@northlanddhb.org.nz)
- Lisa Crossland at [Lisa.Crossland@northlanddhb.org.nz](mailto:Lisa.Crossland@northlanddhb.org.nz)